

## **NORTH CARROLL DANCE, INC REOPENING PROCEDURES**

As valued members of our dance family, we have implemented the following rules as we proceed in our soft opening of North Carroll Dance, Inc.

We will continue to monitor and implement the local, state, and federal recommendations as they are announced and make changes as may be necessary to help ensure the safety of our staff and students. We will continue to provide you with updates, as they may become available. Please feel free to contact the studio at any point in time if you have any questions or concerns.

Currently, we are following guidance from the State of Maryland contained here:

<https://commerce.maryland.gov/Documents/BusinessResource/Fitness-Centers-Covid-19-Best-Practices.pdf>.

Please do not come into the studio if members of your household are immune-compromised and you are uncomfortable. North Carroll Dance will do our best to protect our students, staff, and visitors; however, North Carroll Dance is not liable if you contract a virus.

### **ENTRY/EXIT PROCEDURES**

1. **ENTRY.** All students will enter the building from the main entrance door. We will be working to make that a safe entrance for everyone to use. Please look at the “lanes” that will be visible on the floor and sidewalk for students to follow. Students will remove their shoes before entering the class area. Students are allowed 1 dance bag (containing any necessary shoes) and 1 water container only.
2. **TEMPERATURE CHECKS.** All children will have their temperature taken with a touch-less laser thermometer. Anyone with a temperature over 99 degrees will not be allowed in. Once your student is dropped off and has had their temperature taken, he/she will be asked to use hand sanitizer. After that, they will take their place in designated areas in practice room with their group until everyone has arrived and sanitized.
3. **HAND SANITIZER.** We will have hand sanitizer in dance rooms and at the front door. Students will be asked to use them frequently. If you would prefer your own, students are permitted to bring it in their dance bag. Our sanitizer does contain at least 70% alcohol. Students are ENCOURAGED to bring their own, so they can use it frequently throughout class.
4. **LOBBY.** The lobby is closed until further notice. All parents/guardians are to bring your dancer to the main entrance door, drop off your child, and either wait in your car or drop off and pick up.
5. **FOOD/EATING.** Eating in any portion of the building is no longer permitted. Do not plan to eat dinner or snacks while awaiting the start of class. Water will NOT be for sale. Please bring your own water container, marked with your name. It is strongly suggested to bring a bottle

without a twist off lid, to prevent your hands touching something that will go near your mouth. Water containers with a straw or squeeze top are preferred.

6. **RESTROOMS.** Though our restrooms will be open, we encourage you to please use your own restrooms before you arrive to class.
7. **EXIT.** All students will exit class through the door in their studio to the outside sidewalk. Please look at the “lanes” that will be visible on the floor and sidewalk for students to follow. Studio staff will help direct student and maintain social distancing. Please plan on picking up your child promptly at the conclusion of class.

### **CLASS PROCEDURES**

1. Please do not come to class if you or anyone in your immediate family has felt ill or has been in contact with anyone who as suspected exposure to COVID-19.
2. Students should arrive to the studio wearing only class apparel. Please refrain from removing any items of additional clothing. Students should remove shoes before entering dance spaces, while physically distancing. All items will remain in their studio. If you plan to wear dance shoes of any type, we encourage you to wipe them down prior to class with a cleansing cloth/wipe. Only fresh, clean socks can be worn in the dance studios.
3. **FLOOR MARKINGS & SOCIAL DISTANCE.**
  - Students will be required to follow the signs and floor markings to help ensure social distancing during each class.
  - In ballet classes, barres will be taped off in sections and assigned to ensure distance between students.
4. **FACEMASKS.** Students must bring a mask and will be required to wear a mask while entering and exiting the studio. Faculty members and administrative staff will also be wearing masks upon entering and exiting procedures and in the common areas. The current guidelines recommend that all people over 2 years old wear a mask while exercising indoors, as long as it is safe to do so.  
(<https://commerce.maryland.gov/Documents/BusinessResource/Fitness-Centers-Covid-19-Best-Practices.pdf>) Once physically distanced inside the studios, students may remove their masks if they feel they need, to in order to breathe properly through the class.
5. **CLASS CAPACITY.** Capacity in classes will be capped at lower numbers, particularly in classes of younger students where explaining physical distancing could be more difficult.
6. **WHAT HAPPENS IF SOMEONE FEELS SICK.** Staff, while wearing a mask and gloves, will isolate the student in Studio 3 and call parents for immediate pick up. Staff will notify any person who had been in the building at that time that there was a student who felt ill and was isolated.

## CLEANING PROCEDURES

1. Common touchpoints in studios and common areas will be disinfected several times daily, for example: railings, door handles, faucets, toilets.
2. Barres will be disinfected between each class.
3. Studios, Common Spaces, Bathrooms, and Office will be disinfected nightly.
4. Hand sanitizer will be required at class entry/exit.
5. Instructors will be washing their hands hourly.

## GENERAL ITEMS

1. **WAIVER FORMS.** Waiver of Liability and Hold Harmless Agreement **MUST BE** signed by parent or dancer if 18 years of age or older to be able to practice in studio/in person practices.
2. **HOW YOU CAN HELP.**
  - We are encouraging dancers to cough and sneeze into their shirt or arms, not in their hands. If your child has either of these symptoms, he/she should stay home.
  - Do not bring your dancer to class if they are coughing, sneezing, have a fever, stomach-ache, body aches, sore throat, chest congestion, diarrhea, vomiting, or any other illness.
  - Do not bring your dancer to class if a family member that lives in the same household is ill with any of the above symptoms.
  - Don't bring toys, items, extra dance shoes, etc. from home.
  - Don't break any formal quarantine/government restrictions.
  - Encourage your dancer to cough and sneeze into their arm not in their hand and to not touch other dancers or their teachers.
  - Encourage dancer not to touch any part of their face during class.
  - Alert us if your child does have COVID-19 and has been to the studio within the last 14 days so we can contact their peers.

Please take the time to review these new rules with your child. Please sign and return the last page of this sheet upon your arrival to the studio.

**ACKNOWLEDGEMENT OF NEW PROCEDURES**

I THE UNDERSIGNED hereby acknowledge that I have read and reviewed the new policies and procedures of North Carroll Dance, Inc. with my children attending programs at the studio, and agree to abide by these new processes and procedures.

<p><b>PARTICIPANT</b></p> <p>Signature: _____</p> <p>Name of Parent: _____</p> <p>Name of Minor Child: _____</p> <p>Date: _____</p>	
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